

◆ The Isolateral Incline Chest Press is designed to target and strengthen the upper chest muscles in an isolated manner. With its inclined pressing angle, this machine places particular emphasis on the upper portion of the chest, allowing for balanced muscle development and addressing any strength imbalances.

ISOLATERAL INCLINE CHEST PRESS
JPL-103

◆ **DIMENSION:**
Length : 56 inches / 142 cms
Width : 62 inches / 157 cms
Height : 69 inches / 176 cms

◆ **MUSCLE WORKED:**
Pectoralis Major
Anterior Deltoid
Triceps Brachii

